



## Supplies



# I have to confess...

A little book of things you just have to get out in the open

### Want to use your stash?

Fabulous! You bought them because you liked them -- you better actually use them! Especially since new stuff will be hitting the shelves super soon. Have a look at your existing supplies and assemble something like this:

- 5 sheets of 12x12 cardstock
- 1 transparency
- 1 set of letter stickers or a set of letter stamps
- 1 set of accent stickers/rub-ons or rubber stamps
- a handful of small & simple dimensional accents -- silk or felt flowers, buttons, gems, etc.
- a yard of ribbon or other trim
- 2 book rings or ribbons to bind your book

### Want to shop for new supplies?

Well okay then! I didn't mean to twist your arm, but if you must go shopping, I won't stop you. Here's what I used to make my book. Feel free to use these exact supplies or use them as a guide.

- 5 sheets of 12x12 cardstock -- one each of pink, purple, green, turquoise and black.
- 1 transparency
- [Ready to Glitter Letter Stickers](#) from Making Memories
- [Scrapbook Shimmers glitters](#) from Making Memories
- [Label Stickers](#) from 7gypsies
- [Scribble Flowers Rubber Stamps](#) from Banana Frog
- [Vintage Journaling Label Rubber Stamp](#) from Purple Onion
- [Small Greenhouse Felt Flowers](#) from American Crafts
- 1 yard each of black mini ric-rac, pink ribbon and turquoise ribbon
- [Mini brads](#) from Making Memories
- [Black Slick Writer Pen](#) from American Crafts
- 2 book rings for the binding

# Supplies

## Tools

You'll need your basics: scissors, trimmer, adhesive and a black pen -- preferably one that will write on top of a photo. You'll also need a small hole punch to bind your book.

## Photos

We'll talk about this a little more tomorrow, but just know that some of your photos will become the pages themselves, so the size of print you choose determines the size of your book. I used 5x7 prints, but you could easily make a smaller book with standard 4x6 pictures or a bigger book if you prefer. You'll need one photo to match each of your confessions (my book has five) plus a photo for your cover...that might be a photo of yourself. Just food for thought at the moment!

## Questions

I'm so excited to see what you make next weekend! You'll be able to find more info throughout the week on the website. If you have any questions, please send me an email at [shimelle@writtendown.com](mailto:shimelle@writtendown.com) or check my blog at [shimelle.com](http://shimelle.com). Talk to you soon!